

Om Sri Sairam

PRACTICAL PROJECT
ON
ARADHANA MAHOTSAVAM
BY BV STUDENTS



*Submitted towards fulfillment of
Sri Sathya Sai Bal Vikas- Group-III (3rd Year)*

Nayapalli BV Centre
West Zone, Bhubaneswar

Ayushi Hota
Yr. 2015-16

PRACTICAL PROJECT REPORT

1.	Name of the Project	Participation in Aradhana Mahotsav
2.	About the project 	<p>Sri Sathya Sai Seva organization, Odisha organizes about a month long Aradhana Mahotsav by BV students at the residence of BV children 1st April onwards.</p> <p>In fact, Sri Sathya Sai BV Centre, Nayapalli, West Zone, Bhubaneswar, is mother of this initiative in the state. In 2013 BV Centre Nayapalli started this programme. Looking at the success and impact of the programme the same was replicated across the state in 2014.</p> <p>I had the unique opportunity to actively participate in the programme from 2013 to 2016, and experience the divine bliss.</p>
3.	Objective of Participation 	<p>In 2016 this month long programme of Sadhana was observed across the Globe. The theme of this observation was – “Giving and Forgiving”.</p> <p>It had certain added Sadhana, like, chanting of “Om Sri Sairam” -108 times, “Lokah Samasta Sukhino Bhabantu” -11 times, forgiving someone with whom you have certain bad feelings, helping someone, Keeping water for birds etc.</p>
4.	Date and Month of participation	1st April to 6th May – in 2013, 2014, 2015, 2016
5.	Work done 	<ul style="list-style-type: none"> • Assisted BV Guru in organizing the programme. • Decorated Swami’s photo • Prepared the write up of Slokas to be chanted • Led the chanting, Bhajan etc. • Informed other friends and BV children about the programme and requested to join

Experiences



- Parents accept the programme wholeheartedly.
- The chanting of divine Mantras and Namasmaran purifies the whole atmosphere of the residence.
- BV children get actively involved as they feel that this is our programme – we have to chant, sing, speak, offer Arati etc.
- The short speech or sharing experience or singing value songs or even performing short play by the children inspired all the participants.
- Swami's Divine presence was felt everywhere.

Innovations added by us



- The booklet comprising all Gr-1 slokas, Gita sloka, Bhaja Govindam, Vedic Prayers etc. was published named as **“Aradhana Stotramala”** for reference while chanting by students, parents, devotees and new comers.
- A stand banner (Aluminum frame) was developed which can be easily displayed at residence of children.
- At the end of the programme we organised a day as **“Conglomeration of all parents and children”**. Different cultural programmes were organized. Care was taken to see that all children are involved in the process – be in Group song, Vedic Prayer, Panel Discussion, Drama, Dance, Anchoring, short speech etc.
- We prepared a PowerPoint presentation covering the month long programme with photographs, which helped to recall the month long Sadhana and inspired all.

Observations



- This year (2016), as the schools remain closed due to heat wave, the participation of students and parents were encouraging.
- The token of Love to children really inspires them. Therefore the gift being given to children should be good one, not simply Swami's small paper photos. If we can plan for gift @Rs.30/- then in a month it would come hardly Rs.1000/- which can be shared by all devotees.
- Looking at the vibrations, new families came forward with request to organise the programme at their residence and they started sending their children to BV.
- As the children chant all stotras daily, it helps them to remember the same easily.
- In the process, BV Parents also got acquainted with various prayers and procedures.
- During the rehearsal sessions for final conglomeration day, it was observed that few parents, those who have interest in drama or singing or dance, joined to train the children. They also helped for makeup of children.
- This programme provided a unique opportunity to motivate all senior devotees of the unit to join. Every day one senior devotee was asked to deliver a brief speech on Swami and another senior devotee was asked to give blessings to the child with a token of love. This concept added involvement of all senior members.

6. Name & BV Centre Details:
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Ayushi Hota
BV Group-3 Final Year (2015-16)